

Lendlease taking employee health and wellbeing to the next level at new global headquarters

Sydney, Monday 26 September 2016: Lendlease is building on its Health & Wellbeing Framework with The Wellness Hub, a place for preventative care located at its new global headquarters at Barangaroo.

The Wellness Hub enhances Lendlease's health and wellbeing offer to its employees. Centralised on one floor, it comprises a suite of dedicated rooms – the Consultation Room, the Contemplation Room, the Carer's Room and the First Aid Room – and adjoining spaces for training and activities, such as yoga, Pilates, boot camp and guest speakers.

Geoff Dutailis, Lendlease's Group Head of Sustainability, said the move to our new 6 Star Green Star headquarters allows us to take our approach to health and wellbeing to the next level.

"The Wellness Hub is a one-stop-shop for a range of wellbeing services, seminars, presentations and activities that support happier, healthier, more engaged and productive people and teams.

"At Barangaroo there is easy access to resources that support a more active lifestyle, as well as facilities that address a range of individual health priorities. Ultimately, we believe it contributes to employees feeling part of an organisation that cares about them as people.

"The Wellness Hub contributes to achieving WELL Building Standard certification at our new global headquarters, demonstrating our commitment to elevating human health and wellness to the forefront of built environment practices in the markets in which Lendlease operates around the world," said Mr Dutailis.

The Hub supports to the areas of fitness, mind and comfort within the WELL Building Standard by using both design and place activation within the tenancy, complemented by policies and a program of activities and events.

To launch the Wellness Hub to employees, Lendlease and health partner Bupa kicked off its guest speaker program with Happy Bodies at Work presented by Anna-Louise Bouvier, 'the feel good physio' and one of Australia's most innovative and well known health professionals.

Bupa Work and Student Health Solutions Manager Inga Vilkins said Bupa is passionate about helping Australians live longer, healthier and happier lives within and outside the workplace.

"Smart and progressive businesses understand that looking after their employees' wellbeing makes great business sense. Healthier employees lead to a more productive workforce, reductions in sick days and staff turnover, and can also help attract the best talent as an 'employer of choice'.

The Lendlease logo is a stylized, multi-colored shape (green, yellow, blue) with the word "lendlease" in white lowercase letters.

“It’s becoming increasingly common that people no longer see workplace wellness benefits as a perk; they expect it. Wellness programs need to be ingrained in work culture, not added on ad hoc.

“We’re proud to be a health partner with organisations like Lendlease to positively impact the health of Australian workers.”

A program of activities will also align to important external campaigns that Lendlease employees participate in, such as R U OK Day, febfast and Mental Health Awareness Month.

The Contemplation Room is a neutral and non-denominational space designed to reduce stress and enhance resilience by providing a room for resting the mind, refreshing the body and restoring the spirit to help employees thrive.

The Consultation Room will be used by Bupa to carry out its regular program of health checks, skin checks, flu vaccinations and health coaching.

Wholesome food and drinks are available within Lendlease’s tenancy at The Table, provided by caterer Food Rascal, which has been appointed to deliver healthy options to fuel people throughout the work day.

Lendlease’s new global head office, which officially opened on 25 July, brings together 2,000 employees from five locations under the one roof.

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About Lendlease

Lendlease is a leading international property and infrastructure group. Listed on the Australian Securities Exchange and with circa 11,900 employees worldwide, Lendlease’s capabilities span the property value chain.

In Australia we offer development management; investment management; project management & construction and asset & property management. Our expertise covers multiple sectors including commercial, residential, retail, retirement and infrastructure.

About Bupa

Bupa is committed to empowering our customers, employees and the wider community to live longer, healthier, happier lives. Bupa is the largest privately-owned health insurance provider in Australia, supporting more than 4m customers in their health and wellbeing. We also deliver a range of health services through our network of almost 230 Bupa-owned dental clinics, 36 optical stores and expanding audiology and GP services.

Using our health and care experience, Bupa is helping to make a positive and sustainable difference in the community, the environment and the workplace. We are proud to partner with organisations that share the same values and are focused on bringing positive change to the lives of all Australians.

