

## Autumn Winter fashion and wellness at Caneland Central

**Mackay, Monday 11 April 2016:** To celebrate the launch of Caneland Central's Autumn Winter fashion campaign, *Like No Other*, shoppers can treat themselves to four days of wellness events and win a VIP double pass to an intimate mindfulness retreat.

The wellness events run from 29 April to 1 May, offering shoppers a refreshing take on food and mindfulness sessions from Mackay locals, The Wellness Collective, mindfulness colouring and pay it forward stations, food demonstrations, meditation sessions and all-round chill out zone.

Shoppers can win a double pass to the invite-only mindfulness retreat by visiting [canelandcentral.com.au](http://canelandcentral.com.au) or by picking up a free copy of the centre's fashion magazine, *Central Style* in-centre.

Caneland Central Marketing Manager, Deanne Woolcock said the centre was excited to offer shoppers a wellbeing and mindfulness focus in addition to the Autumn Winter fashion trends.

"The events are a wonderful opportunity to give our shoppers a broad and open perspective on wellness so they will not only feel great on the inside but also look great on the outside."

*Central Style* magazine brings together the latest key trends of the season, with a stunning photoshoot by celebrity stylist and photographer Romy Frydman of StyleMeRomy and up-and-coming model, Tilly Smith.

The Autumn Winter fashion trends showcased reign supreme, from sophisticated staples, the not so basic denim, stripes, leather, black and white to suede textures and almost every variation of the knit.

The magazine also interviews Australia's golden girl, Jessica Mauboy, Show and Tell's Brooke Bayes and three health and wellness experts share their secrets, which will inspire readers to live like no other.

The range featured in *Central Style* - homewares, health, footwear, accessories and beauty trends - will encourage readers to embrace their own personal style and uniqueness.

For more information about Autumn Winter Fashion at Caneland Central, visit [www.canelandcentral.com.au](http://www.canelandcentral.com.au) or pick up a free copy of *Central Style* magazine in-centre.

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### **About Lendlease**

Lendlease is a leading international property and infrastructure group. Listed on the Australian Securities Exchange and with circa 11,900 employees worldwide, Lendlease's capabilities span the property value chain.

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### **About Central Style magazine**

*Central Style* is Caneland Central's free 28 page colour fashion magazine created specifically to inspire readers with the latest fashion and lifestyle trends.

The Autumn/Winter edition 'Like No Other' features rising Australian model Tilly Smith styled by fashion blogger Romy Freedman (Style Me Romy). Australia's golden girl Jessica Mauboy shares her insights on how she is creating a life 'Like No other'.

*Central Style* provides a range of aspirational fashion options, tips and trends, along with informative lifestyle stories from some of Australia's leading experts including; *Show and Tell's* Brooke Bayes, nutritionist Lola Barry, The Healthy Chef founder Teresa Cutter, Chinese medicine doctor Nat Kringoudis and Dr. Libby Weaver.

