

Media Release

Celebrity stylist tutors fashion savvy retirees

Queensland, 16 October 2014: Sydney-based stylist Colleen Cuneo, will share the latest looks, colours and trends for over 55s during fashions workshops on 30 and 31 October at Lend Lease retirement villages, as part of the 2014 Spring Retirement Festival.

Colleen Cuneo has graced catwalks in Milan, Paris and New York and worked with the world's most prestigious designers including Valentino, Pierre Balmain and Versace, as well as styling runway shows for some of Australia's top designers and biggest brands.

Colleen's one-hour fashion workshops will be held at Allora Gardens, Marocohydore at 10am on Thursday 30 October, and Bellflower Retirement Resort, Sippy Downs at 10am on Friday 31 October.

Colleen said the workshops would feature interactive demonstrations about how to mix and match garments to suit different body shapes, budgets and lifestyles.

"It doesn't matter who you are or what your age; everyone wants to look good and feel great," said Colleen.

"The same rules apply to fashion whether you are 25 or 65 - it's about matching body shapes, skin tone, hair colour and personality."

"Retirees often have more vibrant and active social calendars than most, with plenty of opportunities to dress up and feel fashionable."

Queensland manager of Lend Lease's retirement business, Greg Little said the fashion workshops were a great way to open up the seven Sunshine Coast villages and celebrate the lifestyle on offer to over 55s.

"Our vibrant program of events really celebrates Spring as a great time to create and enjoy time with family and friends," said Mr Little.

All events are free and are for those aged 55+. To view the full festival program visit www.retirementbylendlease.com.au/SRF. Bookings are essential and can be made by going online or calling the Spring Retirement Festival hotline 1800 550 550.

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